

**Suggested Use:** Take one (1) vegetable capsule once daily in the morning or as recommended by your healthcare professional.

**Life-Tree HMRlignans™** is an all-natural powerful inflammation reducing phytonutrient found in the knot wood of the Norway Spruce.\*

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Before you take any supplement, please consult your physician or other licensed healthcare professional to determine if it's appropriate for you.

**KEEP OUT OF REACH OF CHILDREN**

Pregnant or lactating women should consult a healthcare professional prior to use.

# Life-Tree HMRlignans™

**300% MORE POTENT THAN FLAX SEED\***

All Natural and pure as nature intended.



## SUPPLEMENT FACTS

Serving size: 1 vegetable capsule  
Servings per container: 30 (1month supply)

	Amount Per Capsule	% DV
HMRlignans™	50mg	†

† Daily Value not established.

Other Ingredients: rice flour, cellulose, magnesium stearate, silicon dioxide.

HMRlignans™ is a registered trademark of Linnea.

Formulated for:

**INSTITUTE FOR VIBRANT LIVING**

P.O. Box 3840, Camp Verde, AZ 86322

To Reorder Call: **1-800-218-1379**

[www.ivlproducts.com](http://www.ivlproducts.com)



**Dietary Supplement • 30 Vegetable Capsules**